

# MAY | 2022



## Mansfield City Schools Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>2</b></p> <p>Breakfast Juice And/Or Fruit Mini Pancakes Milk</p>	<p><b>3</b></p> <p>Breakfast Juice And/Or Fruit Choice of Cereal Toast Milk</p>	<p><b>4</b></p> <p>Breakfast Juice And/Or Fruit Yogurt Backpackers Milk</p>	<p><b>5</b></p> <p>Breakfast Juice And/Or Fruit Choice of Cereal Teddy Grahams Milk</p>	<p><b>6</b></p> <p>Breakfast Juice And/Or Fruit Crunchmania Milk</p>
<p><b>9</b></p> <p>Breakfast Juice And/Or Fruit Choice of Cereal Annie's Bunny Grahams Milk</p>	<p><b>10</b></p> <p>Breakfast Juice And/Or Fruit Ultimate Breakfast Round Milk</p>	<p><b>11</b></p> <p>Breakfast Juice And/Or Fruit Choice of Cereal Toast Milk</p>	<p><b>12</b></p> <p>Breakfast Juice And/Or Fruit Breakfast Pizza Milk</p>	<p><b>13</b></p> <p>Breakfast Juice And/Or Fruit Choice of Cereal Nutrigrain Bar Milk</p>
<p><b>16</b></p> <p>Breakfast Juice And/Or Fruit Benefit Bars Milk</p>	<p><b>17</b></p> <p>Breakfast Juice And/Or Fruit Choice of Cereal Cheese Stick Milk</p>	<p><b>18</b></p> <p>Breakfast Juice And/Or Fruit Whole Grain Pop Tarts Milk</p>	<p><b>19</b></p> <p>Breakfast Juice And/Or Fruit Choice of Cereal Toast Milk</p>	<p><b>20</b></p> <p>Breakfast Juice And/Or Fruit Mini Bagels Milk</p>
<p><b>23</b></p> <p>Breakfast Juice And/Or Fruit Choice of Cereal Scooby Snacks Milk</p>	<p><b>24</b></p> <p>Breakfast Juice And/Or Fruit Frudel Milk</p>	<p><b>25</b></p> <p>Breakfast Juice And/Or Fruit Choice of Cereal Toast Milk</p>	<p><b>26</b></p> <p>COOK'S CHOICE</p>	<p><b>27</b></p> <p>COOK'S CHOICE</p>
<p><b>30</b></p>	<p><b>31</b></p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p> <p><b>Milk Choices:</b></p> <ul style="list-style-type: none"> <li>○ 1% White</li> <li>○ Fat Free Chocolate</li> <li>○ Fat Free Strawberry</li> <li>○ Fat Free Vanilla</li> </ul>

ALL MENUS ARE SUBJECT TO CHANGE  
DUE TO PRODUCT AVAILABILITY.  
Thank you for your understanding.

### Health Benefits of Summer

With the sunny and warm weather abundant, we have the luxury of replenishing and maintaining our vitamin D intake. Vitamin D strengthens the immune system, plays a key role in cancer prevention, building bone strength, promoting metabolism and improving overall emotional health. The sun and warmth also stimulate growth. This is the season to enjoy naturally abundant, fresh, local fruits and vegetables. Enabling us to easily incorporate more fresh fruits and vegetables into our diet. Additionally, summer weather opens the doors to countless ways of being active while enjoying the great outdoors.



\*Contains Pork